

Journal of Exercise Science & Fitness

PUBLICATION CHECKLIST

Only complete manuscript submissions will be considered for publication. Complete submission must include:

- ☐ Cover letter for manuscript submission
- ☐ Authorship statement signed by all authors
- ☐ Signed conflicts of interest disclosure statement
- ☐ Signed copyright transfer agreement
- ☐ Manuscript in MS Word format

AND, where applicable

- ☐ Letter of approval from review committee for use of human samples in research and human experiments
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- ☐ Acknowledgments
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- ☐ Table headings and tables, each on a new page
- ☐ Figure legends, on a new page
- ☐ Electronic picture files of all figures; resolution of 300 dpi for halftone images, 600 dpi for combination art (halftone + line art), and 1000 dpi for line art

Further consideration:

- ☐ Manuscript has been spell-checked and grammar-checked